



Counselling Association of South Australia

Promoting excellence in counselling standards, practice and service



CASA eNews

April 2016

From the President, Pat Bradley

Welcome to the April Edition of CASA eNews.

Robert Bullock and I recently attended the PACFA Council meeting held in Sydney. PACFA have been busy implementing the new structure as a direct Member Association (MA) as well as carrying on with business as usual as a Federation of MAs.

It is always interesting to spend time with the delegates from the other MA's from around the country and to share our experiences within the world of counselling as well as keeping abreast of developments within PACFA. (cont. on p 2)



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Renewal Time is Approaching!

Yes, we are already into May and that means **renewal of membership** is just around the corner! We will be forwarding to you your Renewal documentation in early May, so watch for it in your In-Box!

CASA Professional Development Sponsored by acap

RED FLAGS

Being Alert to Crises in the Therapeutic Space

Sat May 21st 2016 2:00 pm - 5:00 pm
Education Dev Centre, Milner St, Hindmarsh

Professional Development Workshop
Sat May 21st, 2pm to 5pm
Details on p. 2



PACFA Restructure Information Sessions

Last session!

An opportunity to be informed and ask any specific questions about the PACFA restructure and CASA's future direction.

Venue: EDC, Milner St, Hindmarsh.

Date: Wednesday 11th May, 10:00 am

RSVP: admin@casa.asn.au

From the President, Pat Bradley (cont.)

As you know there are 8 MAs currently transitioning to become branches or colleges of PACFA from the start of the next membership year. This all seems to be going according to plan and although there seems a lot to do, the general mood at Council appeared buoyant and excited about the future.

We remain transparent with PACFA about our current 'watch and wait' position' and our ongoing concerns for SA should we join structurally with PACFA at this point. Some of the PACFA activities discussed at Council follows in a brief report and hopefully you can take a few minutes to read through the work being planned and undertaken to improve our professional standing.

We have our final Information Session on the PACFA Restructure planned for 10 am Monday 11th May 2016 at the EDC and it would be great to see you there and answer any questions you may have about the process. Those attending the previous sessions have said they left feeling much clearer and confident about their membership choices.

Karen is busy finalising our next PD in May and I look forward to seeing you there.


CASA Professional Development

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RED FLAGS



Jenny Podorozhnaya

Jenny is a Counsellor, NLP trainer, Transformational Coach, Hypnotherapist, Reiki Master and Psychotherapist (Dip.NLPT). She is a mum of four and wife to Dmitry.

Jenny believes strongly in the power of combining body, mind and spirit for the benefit of an individual's wellbeing, and uses a variety of skills and techniques, as well as utilising the client-therapist connection as a means to assist clients in accessing their full potential.

She is known for her work facilitating clients to access positive, deep and significant change, either by way of one to one sessions or in her training groups and seminars. She believes that all people can connect to their own solutions and happiness.

Being Alert to Crises in the Therapeutic Space

Sat May 21st 2016 2:00 pm - 5:00 pm
Education Dev Centre, Milner St, Hindmarsh

The session will be useful for counsellors to both recognise and know what to do with some of the 'red flags' that occasionally present themselves during client work. A red flag is something that is not to be ignored, and this session is specifically in the context of Suicide and Domestic Violence/Abuse. The session aims to identify these and appropriate responses, as well as give a brief insight into the clients model of the world when they are displaying these characteristics.

Free admission to CASA members*
Cost to non members: \$75.00
Register online at www.casa.asn.au/pd-register
Registration closes Wed 18th May

* Members must be financial and register no later than 18/05/16 to gain free admission



This event qualifies for 6 CPD points (3 hours)

Presented by the Events Committee, Counselling Association of South Australia

Register Now for Our May PD!

“Red Flags”

being alert to crises in the therapeutic space

Sat May 21st 2016, 2:00 pm - 5:00 pm

Our presenter for the May Professional Development session is Jenny Podorozhnaya.

She is a current CASA member and an experienced practitioner.

In this session Jenny will discuss 'red flags' such as domestic violence and suicide, highlighting appropriate responses that counsellors can use in these contexts.

This will be a very relevant and worthwhile session.

Registration for this event is free for all CASA members. Register online:

www.casa.asn.au/pd-register

Looking forward to seeing you there!

CASA Application Forms Updated

Within CASA we are always seeking to ensure that whilst we maintain diligence and solid standards, we view our processes and policies with fresh eyes.

We have recently reviewed and amended all our Membership Application forms and have added a new form for use by Intern Members who are ready to upgrade to the Professional level.

If you have previously downloaded an application form to upgrade your membership, please use the latest versions available from our website.

Welcome to New Members

We extend a warm welcome to **Janine, Leigh, Billy** and **Babu** who have joined recently. Congratulations also to **Alison** and **Kate** who have upgraded to Professional status, and to **Peta** who has upgrade to Clinical status.

News from PACFA

The PACFA Council meeting was held in Sydney on 16th and 17th April 2016. CASA delegates were Pat Bradley and Robert Bullock. The April Council meeting was, as usual, very busy and delegates were updated on the progress of the restructure.

Here are some of the main themes of the weekend.

By and large the restructure is progressing according to plan and work is underway to transfer the transitioning MAs. Not all branches and colleges have got leadership groups in place. Where no leadership group exists PACFA will run the branch/college with help from volunteers if available. CASA and PACFA are working in collaboration to ensure that members needs in SA are met in the best way possible. We urged everyone in the room to collaborate in trying to educate employers about our profession.

PACFA has employed a Professional Development Officer to administer PACFA's Continuing Professional Development activities. A full time Membership Officer has also been hired.

If you are a PACFA Registrant and interested in applying to be a provider for the National Disability Insurance Scheme (NDIS) details can be found on the PACFA website.

There is an ongoing debate on membership terminology and how PACFA might differentiate between direct members of PACFA and members of MAs. The Board will move forward with the input from the weekend's discussion and work towards having a proposal ready for the AGM in October.

Professor Ione Lewis presented a selection of her recent findings from the Australian Counselling and Psychotherapy Online Workforce Survey 2015. There were in excess of 1000 participants and it is providing some valuable data for our profession. *cont. on page 4*

News from PACFA (cont.)

PACFA has stated that it will continue to lobby for Medicare Provider Numbers.

Work Cover recognition has now been transferred to PACFA NSW members and PACFA intend to pursue this in other states and territories.

PACFA and Queensland Counselling association (QCA) have been collaborating in consulting with the Queensland Government. They have been advocating for a stronger provision in their constitution to protect the privacy of counselling communications.

Pat Bradley

Are You Ready To Upgrade Your Professional Membership?

Have you been sitting as a Professional Member for some years and have not gotten around to upgrading your membership level to Clinical? In addition to your original 50 hours of supervision and 200 related client hours, you need an additional 75 hours of supervision and 750 client hours (often members accrue more client hours in the time frame that they take to gain their supervision hours).

Now might be the time to download from our website the application form entitled "**Clinical Membership Upgrade for Current Member**".



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CASA is

- an avenue for ongoing professional standards
- a place of belonging through membership
- a time for gathering

Keep your contact details current!

To be sure you receive all notifications from CASA, please take the time to check and update your contact details. You can do this online by going to www.casa.asn.au and clicking on the "Member Login" link at the top right of the page. Log in using your email address and Member ID (which you'll find on your membership certificate).



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